Social Work (SOWK)

The Social Work program introduces students to the ethics, theory and practice of critical social work while allowing students to explore practice fields including violence against women, poverty, mental health and addictions, disabilities, social policy, and advocacy among many more.

Sample First Year Schedule

Your first year classes in Social Work will consist of a mixture of courses within your major, general education courses and elective courses outside your major.

<table>
<thead>
<tr>
<th>Course Type</th>
<th>Course(s)</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Major Course</td>
<td>AP/SOWK 1011 - Introduction to Critical Social Work</td>
<td>6.00</td>
</tr>
<tr>
<td>General Education Course</td>
<td>Any approved 1000 level course from the Humanities or Social Sciences</td>
<td>6.00 or 9.00</td>
</tr>
<tr>
<td>General Education Course</td>
<td>Any approved course from the Natural Sciences</td>
<td>6.00</td>
</tr>
<tr>
<td>Course Outside Social Work</td>
<td>Any course that is not a Social Work course or general education course</td>
<td>3.00 or 6.00</td>
</tr>
<tr>
<td>Elective Course</td>
<td>Any course for which you meet the prerequisite requirements</td>
<td>3.00</td>
</tr>
<tr>
<td></td>
<td><strong>Total</strong></td>
<td><strong>30.00 (maximum)</strong></td>
</tr>
</tbody>
</table>

The York Promise

York is here to support you throughout your unique university journey. Beyond academic achievement, we strive to enrich your student experience through personal and professional development by offering:

- **Career-Focused Services**
  Career advising, career fairs and networking opportunities to help sharpen your professional edge.

- **Academic Support**
  Learning skills workshops, outstanding libraries, academic accommodations, transition programs and academic advising services designed to help you every step of the way.

- **Social & Leadership Development Programs**
  A vibrant social scene with more than 300 clubs and organizations to enhance student life, and help you develop soft skills you can bring to the table in your future career.

Shelby Crawford
Fourth Year Student
Social Work

“The courses in the Social Work program helped me determine which area of social work I wanted to specialize in and also gave me hands-on experience and key knowledge that will help me in my future career.”

Program Options

With Social Work, you have the option of pursuing another program within the Faculty of Liberal Arts & Professional Studies as a Minor.

Minor Options Include:

- Children’s Studies
- Gender and Women's Studies
- Health and Society
- Humanities
- Human Resource Management
- Human Rights and Equity Studies
- International Development Studies
- Sexuality Studies
- Sociology
- Urban Studies

+ many more!
Your Degree Pathway

A degree in Social Work requires the completion of 120 Credits and is typically completed over four academic years. Your courses will consist of Major, General Education, and Elective Courses as well as a practicum in your fourth year.

First Year

First year will introduce you to the university environment, provide you with general education courses, and allow options for you to study courses aligned with your own interests.

- **Social Work Courses:** Introduction to Critical Social Work
- **General Education Courses:** Humanities, Social Sciences or Natural Sciences (for non-science students)
- **Elective Courses:** Your choice of courses outside of Social Work

Second Year

In your second year, you will take Social Work classes focused on theory. You will also choose from a wide variety of elective credits.

- **Social Work Courses:** Identity and Diversity, Social Justice Work, Social Work with Groups, Critical Social Work Approaches and Practice
- **General Education Courses:** Humanities, Social Sciences or Natural Sciences (for non-science students)
- **Elective Courses:** Choose new subjects to explore or continue to develop skills from previous selections

Third Year

Your third year in Social Work will be a mix of core and elective courses. By the end of third year, it is recommended that you complete all your elective courses.

- **Social Work Courses:** Communication, Integrated Social Work Practice, Foundations of Social Work Research, Policy Frameworks
- **Elective Courses:** Choose new subjects to explore or continue to develop skills from previous selections

Fourth Year

Your fourth and final year includes your practicum. Your practicum will be completed during the Fall and Winter semesters with the remaining credits completed during the summer before or after.

- **Practicum-Related Courses:** Practicum, Issues in the Study of the Welfare State, Social Work Electives
- **Summer Courses:** These are elective Social Work courses that allow for specialization in an area of study

Your Degree!